

	Cyprus Orienteering League Event 7 at Mount Olympus on Sunday 26th July 2026	
Location & Travel Directions:	Registration, start and finish will take place near the Sun Valley ski area car park. From Troodos Square take the F935 road to Mount Olympus, past the Jubilee Hotel. At the fork 1.5km along, take the left road and head up towards Mount Olympus. Sun Valley is on your left by the Ski Federation huts, with car parking on the right. What3words: https://what3words.com/shortage.showy.remotely Or Google maps 34.932027, 32.868577	
Timings:	Registration will be available from 0915 hrs and the course will be open from 0930 hrs. Last start will be at 1030 hrs and the course will close at 1200 hrs. No starts will be available after 1030 hrs. Please note the earlier start times.	
Courses:	Three courses will be available: Championship A Course for KOA Card holders only - A technical course of approx 4.9 km & 280m climb. Introductory B Course - A less technical course of approximately 3.2 km with 170m climb. Introductory C Course - A simpler beginner's course of approximately 2.5 km with 75m climb.	
Terrain:	Rough, rocky, open forest with some roads, tracks and paths to contour along. The area can be very steep and rocky in places and care should be taken at all times.	
Map:	The 1:7,500 'Mount Olympus' Map, extensively updated in 2025 by Peter Smith. Sample here: Maps will be pre-marked. Loose control descriptions will be available.	
Equipment:	Runners are to provide their own compass and whistle. A whistle check will be made before the start for your own safety! Full leg coverage is highly recommended. Sport-ident electronic timing will be used. Own Sport-ident cards may be used. Hire of Sport-ident card is charged at €2 but please note that loss of hired Sport-ident card will be charged at €40 each.	
Facilities:	There are no toilets available except at nearby restaurants/cafes in Troodos. Refreshments may be purchased from nearby restaurants/cafes. Please bring your own water.	
Registration:	The event is open to all, however all participants must pre-register on line by 23rd July 2026. To register please click on the link here: https://forms.gle/aK9JJNp5AdAgDwH49	
Entry Fee:	An entry fee of €4.00 per person will be charged for local club members (not including SI card hire which is €2.00) payable on the day at registration. Children under twelve are half price. Children under five are FREE! For non local Club members the entry fee is €6 per person (not including SI card hire which is €2.00). NB - ALL LATE ENTRIES AFTER 23 JULY WILL BE CHARGED DOUBLE ENTRY FEES.	
League Event:	This event will count towards The Petzl Mountain Sports & Rescue Cyprus Orienteering League 2025 points. All members of local Orienteering Clubs in Cyprus will receive points as per the 2025 format rules. For a copy of the rules, please contact the organisers.	
Prizes:	Prizes will be awarded to the first individual male and female runners on the A and B Courses only.	
Information:	For further information please contact the event organiser: Diana Bridger: Tel: 97775414, Email: dianabridger16@gmail.com	
Event Supporters:	The event is supported by: KOMOAAP, Orientaction, Pyxida, Mountain Sports & Rescue, Petzl, and Nicosia Street Quest.      	