








	<h2 style="text-align: center;">Orienteering League Event 5 at Episkopi Village, Limassol, on Sunday 24th May 2026.</h2>	
<b>Location &amp; Travel Directions:</b>	Registration, start and finish will take place by the parking lot behind the small amphitheater "Christophis Antoniou", on Ayios Spyridonos Street, Episkopi village, Limassol. <b>Google maps:</b> <a href="https://maps.app.goo.gl/6eocfmqs413Z2GoaA">https://maps.app.goo.gl/6eocfmqs413Z2GoaA</a> . Or in What Three Words: <a href="https://what3words.com/nachos.dashed.abandon">https://what3words.com/nachos.dashed.abandon</a>	
<b>Timings:</b>	<b>Registration will be available from 0915 hrs and the course will be open from 0930 hrs. Last start will be at 1030 hrs</b> and the course will close at 1130 hrs. No starts will be available after 1030 hrs. <b>PLEASE NOTE THIS IS AN HOUR EARLIER THAN USUAL TIMES DUE TO THE HEAT.</b>	
<b>Courses:</b>	Three courses will be available with limited climb involved: <b>Championship "A Course" (for KOA card holders only)</b> - A technical course of approximately 5.5 km. <b>Introductory B Course</b> - A less technical course of approximately 4 km. <b>Introductory C Course</b> - A simpler beginner's course of approximately 2.5 km.	
<b>Terrain:</b>	Undulating urban area with a maze of twisting streets, mostly tarmac. Fast running with good visibility. There will be normal Sunday morning traffic (pedestrians, cyclists, cars) to residential housing, churches and commercial outlets. Thus, runners are cautioned to take care.	
<b>Map:</b>	The 1:4,000 'Episkopi' map, drawn by Peter Smith in 2023, will be used. Maps will be pre-marked. Loose control descriptions will be available. Please bring a clear waterproof map bag if the weather looks wet. A sample of the map is shown here.	
<b>Equipment:</b>	Runners are to provide their own compass and <b>whistle. A whistle check will be made before the start for your own safety!</b> Full leg coverage is not mandatory. Sport-ident electronic timing will be used. Own Sport-ident cards may be used. Hire of Sport-ident card is charged at €2 but please note that loss of hired Sport-ident card will be charged at €40 each.	
<b>Facilities:</b>	Please note that there are no toilet facilities at the registration/start/finish area. The nearest cafes though are in Episkopi village. Participants should bring their own water.	
<b>Registration:</b>	The event is open to all, however <b>all participants must pre-register on line by latest 21st May 2026.</b> To register please click on the link here: <a href="https://forms.gle/GohhVhinsAHyuHdYA">https://forms.gle/GohhVhinsAHyuHdYA</a>	
<b>Entry Fee:</b>	An entry fee of €6.00 per person will be charged for local club members (not including SI card hire which is <b>€2.00</b> ) payable on the day at registration. Children under twelve are half price. Children under five are FREE! For non local Club members the entry fee is €8.00 per person (not including SI card hire which is <b>€2.00</b> ).	
<b>League Event:</b>	This event will count towards The Petzl Mountain Sports & Rescue Cyprus Orienteering League 2026 points. All members of local Orienteering Clubs in Cyprus will receive points as per the 2026 format rules. For a copy of the rules, please contact the Events Secretary.	
<b>Prizes &amp; WOW Certificates:</b>	There will be prizes for the individual male and female winners of the A and B Courses. Participants who successfully complete any of the courses will receive a <b>World Orienteering Week Certificate!</b>	
<b>Information:</b>	For further information please contact the event organiser: <b>Vadim Crivceanschi:</b> Tel: 99867131, Email: <a href="mailto:waldymar@hotmail.com">waldymar@hotmail.com</a> Or the Events Secretary <b>Diana Bridger:</b> Tel: 97775414, Email: <a href="mailto:dianabridger16@gmail.com">dianabridger16@gmail.com</a>	
<b>Event Supporters:</b>	The event is supported by <b>KOMOAAP, Orientaction, Pyxida, Mountain Sports &amp; Rescue, Petzl, Nicosia Street Quest, and World Orienteering Week!</b> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 10px;">        </div>	