








	<h1>Cyprus Orienteering League 2025</h1> <h2>Event 1 at LEFKARA</h2> <h3>on Sunday 26<sup>th</sup> January 2025</h3>	 
<b>Location &amp; Travel Directions:</b>	<p>Lefkara is in the hills off to the West of the main Nicosia - Limassol highway. Turn off at the Skarinou (McDonald's/ Alphamega) junction. From the main road going past the village, take the right turn into the village signposted for the Fire Station &amp; Police Station. Registration, start and finish will be at the lower level of Lefkara Municipality Conference Centre. There is plenty of parking space at the back of the building, or at the nearby public parking lot. <b>Please do NOT drive, run or walk round the village before the event or you will be disqualified.</b></p> <p>(<a href="https://maps.app.goo.gl/Qa9jY54qEvs8uupm9">https://maps.app.goo.gl/Qa9jY54qEvs8uupm9</a>).</p>	
<b>Timings:</b>	<p><b>Registration will be available from 1015 hrs and the course will be open from 1030 hrs. Last start will be at 1130 hrs</b> and the course will close at 1230 hrs. No starts will be available after 1130 hrs.</p>	
<b>Courses:</b>	<p>Three courses will be available:</p> <ul style="list-style-type: none"> <li><b>League Championship Course A</b> - A moderately technical course of approximately 4.5 km</li> <li><b>Introductory Course B</b> - A less technical course of approximately 3.2 km.</li> <li><b>Introductory Course C</b> - A simpler beginner's course of approximately 1.5 km</li> </ul>	
<b>Terrain:</b>	<p>The village is made up of a labyrinth of undulating, narrow village roads and lanes – some tarmac and some cobbled or paved with some steps in places. Please note that all competitors are to strictly avoid trespassing on private property and gardens.</p>	
<b>Map:</b>	<p>The 1:3,000 'Lefkara' Map will be used, last updated in 2024. Maps will be A4 size and will be pre-marked. Please bring a clear waterproof map bag if the weather looks wet. Loose control descriptions will be available. A sample of the map is shown here:</p>	
<b>Equipment:</b>	<p>Runners are to provide their own compass and whistle. Full leg coverage is not required. Sport-ident electronic timing will be used. Own Sport-ident cards may be used. Hire of Sport-ident card is charged at €2 but please note that loss of hired Sport-ident card will be charged at €40 each.</p>	
<b>Facilities:</b>	<p>Water and other beverages and refreshments may be purchased from the nearby village shops, cafes and restaurants, where there are also toilet facilities. Restaurants fill up on Sundays, so make your reservation on time to avoid disappointment.</p>	
<b>Registration:</b>	<p>The event is open to all, however <b>all participants must pre-register online by 23rd January 2025 and only those with valid KOA cards may enter on the 'A League Championship Course'</b></p> <p>To register please click on the link here: <a href="https://forms.gle/CxWciF11AkqwXmNE7">https://forms.gle/CxWciF11AkqwXmNE7</a></p>	
<b>Entry Fee:</b>	<p>An entry fee of €4 per person will be charged for local club members (not including SI card hire which is €2) payable on the day at registration. Children under twelve are half price. Children under five are FREE! For non local Club members the entry fee is €6 per person (not including SI card hire which is €2). <b>NB – All late entries after 23/01/25 will be charged double fees.</b></p>	
<b>League Event:</b>	<p>This event will count towards <b>The Petzl Mountain Sports &amp; Rescue Cyprus Orienteering League 2025</b> points. All members of local Orienteering Clubs in Cyprus will receive points as per the 2024 format rules. For a copy of the rules, please contact the organisers.</p>	
<b>Prizes:</b>	<p>There will be prizes for the male and female individual winners of <b>Course A and Course B.</b></p>	
<b>Information:</b>	<p>For further information please contact the event organisers:          Chrysi Avgousti : Tel 99684042, Email: <a href="mailto:chrisiavgousti@hotmail.com">chrisiavgousti@hotmail.com</a>, or          Or Events Secretary: Diana Bridger: Tel: 97775414, Email: <a href="mailto:dianabridger16@gmail.com">dianabridger16@gmail.com</a></p>	
<b>Event Supporters:</b>	<p>The event is supported by <b>KOMOAAP, Orientaction, Pyxida, Mountain Sports &amp; Rescue, Petzl, and Nicosia Street Quest.</b></p> <div style="display: flex; justify-content: space-around; align-items: center;">       </div>	